

بررسی راهبردهای مدیریتی جامع نگر در درمان و بهبود کیفیت زندگی زنان نابارور در نظام سلامت

The review of Comprehensive management strategies in treating and improving infertile women' life quality in health system

ویراستاری:

A Review of Comprehensive Management Strategies in the Treatment and Improvement of the Quality of life of Infertile Women in the Health System.

چکیده

زمینه و هدف: در اکثر فرهنگ ها ناباروری به عنوان یک بحران، دارای نیروی بالقوه برای تهدید افراد، روابط و جوامع تلقی می شود و همواره با مشکلات احساسی از قبیل عصبانیت، افسردگی، مشکلات روحی، کناره گیری اجتماعی، اعتماد به نفس پایین همراه است. در واقع ناباروری برای زنان مشکل پیچیده ای است که تهدید کننده بهزیستی روانی و اجتماعی آنان است. اهمیت نقش مادری برای زنان باعث شده ناباروری عامل تهدید جدی برای هیجان ها و کیفیت زندگی این گروه تلقی شود از این رو در این مطالعه به بررسی راهبردهای مدیریتی جامع نگر در درمان و بهبود کیفیت زنان نابارور در نظام سلامت پرداخته شد.

Abstract

Field and aim: In many cultures infertility considers to be a crisis with a potential force that endangers people, relations and societies and It always come along with emotional problems such as anger, depression, psychological issues, social isolation and low self-confidence as well. In fact, infertility is a complex problem for women that threatens their psychological and social well-being. The importance of motherhood role for women have made infertility a serious threatening factor that affects this group's excitements and life qualities. Therefore, this study was made to review Comprehensive management strategies in treating and improving infertile women life quality in health system.

ویراستاری:

Background and aim: In most cultures, infertility is considered as a crisis, with the potential to threaten individuals, relationships and communities and it is always associated with emotional problems such as anger, depression, mental health and psychological issues, social isolation and withdrawal as well as low self-esteem. In fact, infertility is a complex problem for women in the sense that it threatens their psychological and social well-being. The importance of motherhood for women has made infertility a serious threat to the emotions and quality of life of this group. Therefore, in this study, comprehensive management strategies were used in the treatment and improvement of the quality of infertile women in the health system.

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